

Chocolate. Love. Sex. Really, what else could a woman want in life? For Persey, the heroine of *Brownie Fix*, her days are fun-filled until what is normally one of life's most fulfilling experiences, the birth of her son, leads her straight into a dark state of postpartum depression.

Wandering in her own postpartum hell, Persey meets people that are absurd, like the swinging neighbors who want a little more than a cup of sugar and a group of mothers who become whipped up in worship to a climactic furor. On top of the madness, she keeps seeing a yellow-toothed old man who acts like he wants to breastfeed from her. Or is it her imagination? Add the voices in her head that become louder and louder, and it's little wonder that Persey reaches for brownie mix to soothe her insanity.

Buckling under the pressure and lack of sleep from motherhood, Persey experiences the five stages of grief that lead her to uncover a buried secret, and gradually she begins to heal with the help of her family, friends, and, of course, brownies.